



**Parent Education & Encouragement Group**  
*"Represents Parental Protection, Mercy and Nurturing"*

Presented at: **Good News Church**  
239 W Washington Blvd Pasadena 91103  
**English and Spanish classes on Thursday 6:30pm- 8:30pm**

- 1. Communication, Active Listening, Acknowledging Feelings**  
*Comunicación, Escuchando con oído activo, Reconociendo sentimientos*
- 2. Family Meetings, Effective Praise and Rewards /Conflict resolution**  
*Reuniones familiares, Elogio y recompensas*
- 3. Parental Function, Defining My Parenting Style**  
*Función de padres, Definiendo mi estilo de crianza*
- 4. Five-Step Problem Solving / Children's Court /Parent's Rights**  
*Cinco pasos para resolución de problemas, Corte de menores*
- 5. Single Parent and Multiple Parent Families**  
*Padres solteros y de ambos padres*
- 6. Domestic Violence, Self Control, Anger Management**  
*Violencia domestica, Autocontrol, Control de ira*
- 7. Teens and Gangs**  
*Adolescentes y Pandillas*
- 8. Teaching Principles, Values / Family Rules / History of my Family**  
*Ensenando principios, Valores, reglas familiares y la historia de mi familia*
- 9. Education Guidance / Show & Tell**  
*Orientación educacional, Enseñar y demostrar*
- 10. Natural & Logical Consequences / Structure**
- 11. Mild Social Disapproval, Ignoring / Point System, Contracts and Bargaining**
- 12. Structure, Establishing Limits & Boundaries**
- 13. Human Sexuality and Teens**  
*Sexualidad Humana, El desarrollo sexual en los adolescentes*
- 14. Family Health Nutrition and Child Safety**  
*Salud familiar, Nutrición, Seguridad de niños*
- 15. Teens, Drugs and Alcohol**  
*Adolescentes, Drogas, Alcohol y Tabaco*
- 16. Family Group Support, Skills Evaluation, Potluck**  
*Grupo de apoyo familiar, Habilidades de evaluación, Platillo para compartir*

**Daily Homework**

Active Listening and acknowledging feelings  
Five Step Problem Solving  
Hug and Kiss your child

**Homework Review**

**Lesson # 3 Parental Function, Defining My Parenting Style**

**New Material**

**Lesson # 4 Five-Step Problem Solving / Children's Court /Parent's Rights**

**Homework Assignment**

Write a paragraph:  
How did you utilize the 5 Step Problem Solving technique in your court situation or to solve a problem at home or at work.

**Facilitators:**  
**Horacio Garcia / Myles Williams / Elvia Casas**  
**Program Director: Dr. Janice Woods**

## What is abuse and neglect?

### **Physical abuse:**

1) The child arrives at school and has difficulty sitting due to pain. The child disclosed that mother spanked her with a Michael Kors belt for lying to her. Child had bruises on legs and buttocks. When questioned by law enforcement the mother denied she owned a belt. The child went to mother's bedroom and brought the belt to the police who entered it into evidence.

2) Mother hit the 5-yr old repeatedly on her head, arms, back and legs with a slipper causing bruising and abrasions over the child's body. Mother stated the child was, "Talking back".

### **Sexual abuse:**

1) Mother's boyfriend sexually abused her 12-yr old daughter. Mother was in denial. Mother allowed the boyfriend to babysit the child while she was at work. Child disclosed to her grandmother during a visit while watching a soap opera. The child disclosed the abuse when she saw adults in bed on TV.

2) Family with stepsiblings / blended family. 12-yr old female child stated her 16-yr old stepbrother has been fondling her breasts and her crotch area under her clothing since she was 11-yrs old. The child stated she told him to, "Get a girlfriend". The abuse escalated, as the child disclosed this to mother when stepbrother told her to take off her clothes and he attempted to force her to put his penis into her mouth.

**Emotional abuse:**

1) Mother and father argue regularly, including name-calling and threats to kill the other parent. Parents stated the children, 8, 9 and 12 years of age are typically in the next room. Mother and father stated they do not argue in the presence of the children. During a meeting with a school counselor about poor grades, the 12-year-old child was observed to have cuts on his arms after expressing to the counselor there was no reason to live. The child was later diagnosed with anxiety disorder and PTSD,

2) Mother and father fought physically in the presence of the 4-yr old child. Father causing mother to have a bloodied face, as father punched the mother and slammed her against the wall. The child described the altercation stating, “Daddy was like a monster hitting my mommy and was he was so mean to mommy. Mommy was screaming and crying for me to help her. So I yelled at my daddy to stop”.

3) Father shot and killed the mother in front of their 8-yr old child for alleged cheating / infidelity. The child (Now an adult) is confined to inpatient psychiatric care and has been since the shooting.

### **General Neglect:**

1) Teenager stated he joined the gang because his grandmother ( Legal guardian) was using the support money for crack to get high with her boyfriend. They were evicted from their apartment and living in a car on Woodbury in Altadena. The child is now serving time for armed robbery after he was tried as an adult at 16-yr old. Additional violent crimes while incarcerated cause him to remain in custody for those new cases.

2) The children, 3-yr old and 4-yr old, have not been to a pediatrician within the last 3 years for physical exams and vaccinations. Mother stated she does not believe in doctors and shots because she learned on the internet that shots cause Autism.

### **Severe Neglect:**

1) After mother's arrest for solicitation / prostitution, she advised LE of her child. Mother's 16-month old was alone in a nearby motel room. When LE arrived they found the child alone w/needles, crack pipes, and drug residue all around the room and within the reach of the child. Child was on the floor watching TV with crackers and a baby bottle of water. Mother stated she was having sex and using drugs while the child was in the room. Mother was not sure when the child ate food last. Child was later diagnosed with failure to thrive.

2) Four pre-school aged girls 2yrs, 3yrs, 4yrs and 5 yrs of age in a motel room with no food or clean clothes. Mother was gone, according to the 5-yr old, since the morning. Law enforcement arrived at 2pm after an anonymous caller called We Tip when the 5-yr old was seen alone in the parking lot. Mother returned to the room after more than 1 hr after the police arrived. Mother was arrested for drug possession and under the influence. While in custody and on the way to foster care, one of the children began to limp on the way to the car. CSW untied shoes (too small) and found bleeding blisters on bare feet of 4-yr old. None of the children had baths or had a change of clothing for approximately 2 weeks.

3) 12-yr old child suffers with colon condition and in need of surgery. Following surgery, the child would need a colostomy bag for life. Mother refuses consent for doctor's to proceed. The child would die soon without the surgery. Mother stated she believes God will heal the child if this is

God's will. Mother stated she and her church are praying for the child. Mother was hoping the child could complete school, as a, "Normal child".

4) Mother, while under the influence of Sherm's/angel dust, bathed her 3-month old baby boy, scalding the child's genitals, buttocks and lower body. Child almost died from shock due to the trauma and subsequently had to endure several skin graft surgeries during the 1<sup>st</sup> two years of his life.

5) An infant child died during a DV dispute when an object thrown ricocheted and struck the child on her head. The child suffered a subdural hematoma and bled to death internally before reaching the hospital.

**Exploitation:**

1) Mother trades her 11-yr old daughter to adult males to have sex for drugs. Mother stated the child is out of control and did this on her own for the money. The child stated the mother has done this before when mother's check runs out before the end of the month.

2) Mother and father have their infant child in the streets with them while pan handling.

# **L.A County Children's Court / How it Works**

---

## **Notes**

**Things I need to know, that relate to my case:**

What is Voluntary Case vs. Court Case?

How long is my case open?

What is a case plan?

Referral/resources:

# Five Step Problem-Solving

## Communicating and Solving Problems with Children and Adults

1. **STOP! LOOK! LISTEN!** Listen actively to your child. Try to understand the situation from his or her point of view. ***Talk with your child about his feelings.*** Let him know it's okay for him to feel whatever he wants to feel about the situation. If he doesn't say how he feels, give him some time to himself, or offer suggestions:

- a) You must be really upset about what your teacher said!
- b) Having to stay indoors when it rains is really frustrating you!
- c) I can see that it is very hard for you to stay still while we are driving in the car.

2. **DEFINE THE PROBLEM** – Sometimes the real problem is not what your child is talking about at first. Be sure you both know what the real problem is before proceeding. ***Determine whose problem it is.*** Yours? Your child's? The school's?

3. **BRAINSTORM POSSIBLE SOLUTIONS** to the problem. Invite your child to think up ideas with you. Look for alternatives! List as many ideas as possible, writing them down on paper without judgment or comment.

4. **REVIEW SOLUTION IDEAS** - even if the ideas do not seem appropriate to an adult. Discuss how well they might work, if they will solve the problem and how they will affect other people.

5. **CHOOSE A SOLUTION** you can both live with. Come up with a plan to try out the solution. Make sure you set clear limits. Then ***try the solution*** and monitor progress! If it does not solve the problem, go back to step 3 or

**Homework:** Utilize the 5 Step Problem Solving technique in your court situation or to solve a problem at home or at work?